

## CURRICULUM VITAE

Dr. RAVI SAMUEL

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### **EDUCATION:**

1986-89: Bachelor of Arts, Economics, Loyola College, Chennai, India.

1989-91: Master of Arts, Social Work, Loyola College, Chennai, India.

1998-99: Postgraduate Certificate in Applied Research Methodology, Thames Valley University, London, UK.

1998-03: Master of Philosophy, M.Phil. Social Work, Loyola College, Chennai, India.

2007-2014: Doctorate in Medical and Psychiatric Social Work, Madras University, Chennai.

### **CURRENT POSITIONS**

**Consultant Psychotherapist:** Nineteen years in India and one year in UK of clinical experience among people with emotional, behavioural and psychiatric Problems.

**External Faculty:** Institute for Psychotherapy & Management Sciences, Old Sathya Studios, Adayar, Chennai, Tamil Nadu.

**Hon. Secretary:** Vision Age India – A registered voluntary organisation for the welfare of the elderly.

**Membership:** Associate Member - Indian Psychiatric Society

### **PROFESSIONAL TRAINING:**

1998-1999: Trained in **Cognitive Behaviour Therapy by Mr. Allan Davidson**, Cognitive Behaviour Therapist at Dept. of Clinical Neurology, Institute of Neurology, National Hospital for Neurology and Neurosurgery, Queen Square, London WC1N 3BG.

### **COURSES ATTENDED:**

1999. Short course on **Dementia and Neuropsychiatry** in National Hospital, Institute of Neurology and Neurosurgery, Queen Square, London.

1999. **Basic Clinical Audit course** in **North wick Park & St. Marks NHS Trust**, London.

2000. Indo-UK Workshop on Epilepsy at the ITC Park Sheraton, Chennai.

2001. Basic Research Methodology Course at the International Epidemiology Conference, Malaysia.

2001. Advanced Research Methodology Course conducted by King's College, London at National Neuroscience Institute, Singapore.

#### **PAPER PRESENTATIONS / WORKSHOPS:**

Dr. Ravi Samuel. Cognitive Behaviour Therapy for Sexual Dysfunction in 26<sup>th</sup> National Conference in Sexology held in Chennai, Savera Hotel 2010.

Dr. Ravi Samuel. Stress Management for The Hindu, Chennai September 2010

Dr. Ravi Samuel. Cognitive Behaviour Therapy for Psychologist and Counsellors for Chennai Counsellors Foundation at Institute of Mental Health, Chennai 2008

Dr. Ravi Samuel. Cognitive Rehabilitation for Patients with Dementia. Indian Psychiatric Society, West Zone, CME, October, 2006.

Dr. Ravi Samuel and Prince, M. 'Intervention Manual for Health Workers' at the International Workshop on Dementia and Cognition', ITC Park Sheraton, 2002, Chennai, India.

Dr. Ravi Samuel. 'Intervention Manual for Health Workers' at the International Workshop on Dementia and Cognition', ITC Park Sheraton, 2002, Chennai, India.

Dr. Ravi Samuel. 'Developing an Intervention Manual for Health Workers' at the World Alzheimer's Congress 2002 at Barcelona, Spain.

Dr. Ravi Samuel. 'Developing an Intervention Manual for Health Workers at the Annual National Conference of Alzheimer's and Related Disorders Society of India, 2002 Goa, India.

Dr. Ravi Samuel. 'Reducing Career distress over distressing symptoms in Dementia' at the Annual National Conference of Alzheimer's and Related Disorders Society of India, Kottayam, Kerala, India.

Dr. Rajkumar and Dr. Ravi Samuel 'Depressive Symptoms in Alzheimer's Disease and Multi Infarct Dementia' **Annual National Conference of Indian Psychiatric Society**. 1994

Dr. Ravi Samuel. 'The Role of Social Worker in Rehabilitation of dementia patients (Alzheimer's Disease)' in the **National Seminar on Globalisation and Ageing: Implications for Gerontological Social Work**, organised by Tata Institute of Social Sciences, India. 1997

Dr. Ravi Samuel and M.R.Trimble. Efficacy of the Neuropsychiatric Inventory in the behavioural assessment of patients with epilepsy and learning disability. **In 23rd International Epilepsy Congress in Prague, Czech Republic, September 1999.**

Dr. Ravi Samuel and M.R.Trimble. Psychiatric morbidity and Psychopathology in patients with epilepsy living in residential care – prospective study. (Poster) **In 23rd International Epilepsy Congress in Prague, Czech, Republic, September 1999.**

Dr. Ravi Samuel and M.R.Trimble. Prevalence of Psychiatric morbidity in patients with epilepsy – prospective study. (Poster) In Annual National Conference of Indian Psychiatry Society, ANCIPS 2000, January 2000.

Dr. Ravi Samuel. Rehabilitation of Dementia Patients: An Indian Perspective, presented at the Roundtable discussion in the World Alzheimer Congress 2000 held at Washington D.C.

#### **PUBLICATIONS:**

**Dr. Ravi Samuel**, Udaya, M & Vivian, I. Cognitive Impairment: the need to recognise it as a form of disability. Issues on Aging and Disability an International Perspectives. (Eds) Mary J. Mayer & Florence L. Denmark, NGO Committee on Aging, New York (2010)

**Dr. Ravi Samuel.** A Prevalence study on Physical and Cognitive Disability among elderly in a Community Population. In Indian Journal of Gerontology. 2009: Vol 23(3) P:296-301

**Dr. Ravi Samuel.** Cognitive Rehabilitation for Reversible and Progressive Brain Injury. In Indian Journal of Psychiatry.2008:Vol 50(4) 282 - 84

**Dr. Ravi Samuel** & Shanthini. Rehabilitation in Dementia: Cognitive Behaviour Therapy for carers. In Handbook of Dementia. (Eds) Nilamadhab Kar, Jolley, D., Misra, B. Paras Medical Publisher, India. (2005)

Amit Dias, **Dr. Ravi Samuel**, Vikram Patel, Martin Prince, and Parameshwaran. The Impact Associated with Caring for a Person with dementia. A report from the 10/66 dementia research group's Indian network. International Journal of Geriatric Psychiatry: 19 182-184. (2004)

The 10/66 Dementia Research Group. Care Arrangements for people with dementia in developing countries. International Journal of Geriatric Psychiatry: 19, 170-177. (2004)

Prince, M et al for the 10/66 Dementia Research Group. Dementia diagnosis in developing countries: a cross-cultural validation study. The Lancet. Vol. 361. (2003).

E.S. Brown, R.J., **Dr. Ravi Samuel, R.** & Trimble, M.R. The Neuropsychiatric Inventory in Epilepsy. Epilepsia 2000; 42 (Supplement Florence) 155.

**Dr. Ravi Samuel, R.** Rehabilitation of Dementia Patients: An Indian Perspective. In the proceedings of the World Alzheimer Congress 2000 held in Washington D.C.

**Dr. Ravi Samuel, R** and M.R. Trimble. Efficacy of the Neuropsychiatric Inventory in the behavioural assessment of patients with epilepsy and learning disability. In **Epilepsia** - Abstracts of the 23rd International Epilepsy Congress in Prague. (1999)

**Dr. Ravi Samuel, R.** and Shanthini, V. Rehabilitation of Dementia Patients (Alzheimer's Disease) In Indian Journal of Gerontology, (1999)

**Dr. Ravi Samuel, R** and Shanthini, V. & Jayaram, N. Psycho-Social Rehabilitation of Dementia (Alzheimer's Disease) Patients. In Indian Journal of Psychological Medicine. Vol 21. No 2. 103-109.

**Dr. Ravi Samuel,** The role of social worker in rehabilitation of dementia patients (Alzheimer's disease) In proceedings 'of the National Seminar on Globalisation and Ageing: Implications for Gerontological Social Work, organised by Tata Institute of Social Sciences, India. (1997)

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| <b>TV Shows</b>      |                            |
| <b>Maname Maname</b> | <b>Raj TV News Channel</b> |
| <b>Sandipomma</b>    | <b>Jaya Plus Live Show</b> |
| <b>Sandipomma</b>    | <b>Sun TV</b>              |

Interviews, articles and press write-ups can be found in Yahoo or Google search for 'Ravi Samuel'.